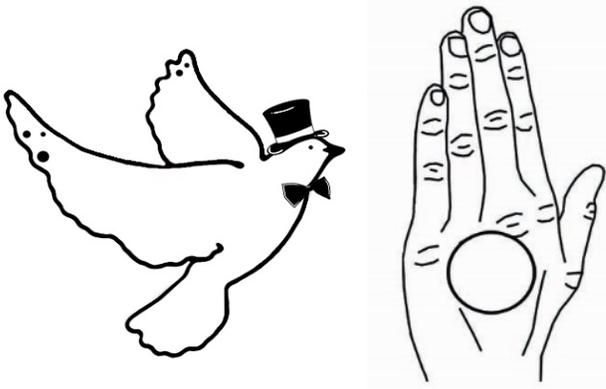


Hole in Hand



Magical Effect: A hole magically appears in the palm of your hand.

Character Message: Keep your eyes focused on the positive view and don't let life's challenges stop you from achieving success.

Materials Needed: A paper tube, two eyes and two hands. The size can be a small one-inch diameter paper tube five or six inches long or even a tube as big as a paper towel roll. A paper tube can be made with a regular sheet of paper and a piece of tape.

Secret Method: The secret is science. Your brain combines the two images from your eyes to create an illusion of a hole in your hand. Since most of one eye's view is blocked by the tube, your brain prioritizes the circle image with the objects you see in the distance.



Presentation:

Hold the tube directly in front of one eye. With both eyes open, look at an object about 15 feet away. Next, place your other hand in front of the eye not looking through the tube. The placement of this hand should be near the end of the tube (at least 6 inches in front of your eye with palm facing towards you with your pinky finger touching against the side of the paper tube. See illustration.

Discussion on how to view life's obstacles: The paper tube represents a positive view and the palm of your hand represents life's obstacles. In life we have various obstacles in our path to success. These challenges can be difficult, but it is important to know we can overcome these challenges. Look through the obstacles and see in your mind's eye the victory on the other side. Visualize the victory and imagine how it will feel when you finally overcome the challenge. When you look through your obstacle, you gain a different perspective. You are able to "see" the path to make it to the other side. Using this visualization technique allows you to keep your mind's eye focused on where you are headed in life and to not be stopped by challenges. This view allows you to focus on a positive perspective, instead of a negative one.

Quotes related to overcoming obstacles:

"Obstacles are those frightful things you see when you take your eyes off your goals. –Henry Ford

"Obstacles don't have to stop you. If you run into a wall, don't turn around and give up. Figure out how to climb it, go through it, or work around it." –Michael Jordan

"When everything seems to be going against you, remember that the airplane takes off against the wind, not with it" –Henry Ford

"Just when the caterpillar thought the world was over, it became a butterfly." –Proverb

"Courage and perseverance have a magical talisman, before which difficulties disappear and obstacles vanish into air." –John Quincy Adams

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DrDan@MagicDove.com

Magic4Teachers.com

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